

## 2025 Masterclass Dorothy Hospice (Online)

**CPD points: Application in process for 5 points** 

|       | Friday January 24, 2025 Facilitators: Dr Emma Frampton & Dr Mary Miller   |
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| 09:00 | Registration  |
| 09:15 | Welcome and Introduction  |
| 09:25 | End of life care for patients with Parkinson's disease  Caring for patients as they lose their oral route – goals of care, medications to use and those to avoid.  Thinking ahead and use of Rotigotine patches. Do you always need them? |
| 10:10 | Hydration at the end of life  Language used to discuss diminishing drinking, mouth care and hydration. What does the evidence tell us and what is on the horizon?   |
| 10:40 | Break   |
| 11:10 | The care of children when their important adult is dying  Thinking of future generations, looking for the children in the family and supporting their important adults to have important conversations                                    |
| 12:30 | Break   |
| 13:30 | Benzodiazepines: an update  Are these the best medications for the management of anxiety and delirium at the end of life – are there other options when consciousness is a priority?  |
| 14:00 | Breathlessness  Dr Mary Miller  Look at the evidence – do opioids and Mirtazapine work in the management of breathlessness? What else can we use?   |
| 14:30 | Break   |
| 14:45 | <b>Cardiac Failure</b> Experienced community heart failure specialist nurse practitioner will update us on the management of heart failure in patients approaching the end of their life  |
| 15:45 | Final remarks   |
| 16:00 | Close of day  |
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