

2025 Masterclass Strathcarron Hospice

CPD points: Application in progress for 5 points

Wednesday March 5th, 2025

Facilitators: Dr Sally Boa & Dr Mary Miller

09.00	Coffee and registration	
09:15	Welcome and Introduction	
09:25	End of life care for patients with Parkinson's disease <i>Caring for patients as they lose their oral route – goals of care, medications to use and those to avoid. Thinking ahead and use of Rotigotine patches. Do you always need them?</i>	Dr Mary Miller
10:10	Hydration at the end of life <i>Language used to discuss diminishing drinking, mouth care and hydration. What does the evidence tell us and what is on the horizon?</i>	Dr Mary Miller
10:40	Coffee Break	
11:10	Benzodiazepines: an update <i>Are these the best medications for the management of anxiety and delirium at the end of life – are there other options when consciousness is a priority?</i>	Dr Mary Miller
11:45	Thinking ahead: making Future Care Planning accessible <i>Strathcarron Lecture: What stops people from thinking about and planning for the future? Explore the use of a visual communication framework to support Future Care Planning.</i>	Dr Sally Boa
12:45	Lunch	
13:45	Breathlessness <i>Look at the evidence – do opioids and Mirtazapine work in the management of breathlessness? What else can we use?</i>	Dr Mary Miller
14:30	Break	
14:45	The care of children when their important adult is dying <i>Thinking of future generations, looking for the children in the family and supporting their important adults to have important conversations</i>	Dr Jeff Hanna
16.15	Final remarks Close of day	